

FIRST REGULAR SESSION

SENATE BILL NO. 521

95TH GENERAL ASSEMBLY

INTRODUCED BY SENATOR WRIGHT-JONES.

Read 1st time February 25, 2009, and ordered printed.

TERRY L. SPIELER, Secretary.

2211S.011

AN ACT

To amend chapter 170, RSMo, by adding thereto one new section relating to physical education classes for students.

Be it enacted by the General Assembly of the State of Missouri, as follows:

Section A. Chapter 170, RSMo, is amended by adding thereto one new
2 section, to be known as section 170.043, to read as follows:

**170.043. 1. Beginning with school year 2010-2011, each school
2 district shall ensure that:**

3 **(1) Physical education classes shall be required for students from
4 sixth to twelfth grade and shall include at least two hundred twenty-
5 five minutes of movement each week, consistent with the
6 recommendations of the National Association for Sport and Physical
7 Education as approved by the American Heart Association;**

8 **(2) Each child for whom it is appropriate shall have available the
9 opportunity to participate in learning individual health self-assessment
10 skills, including but not limited to calculating body-mass index, resting
11 heart rate, perceived exertion levels, and target heart rate, and
12 participating in programs that demonstrate the effects of consistent
13 good choices such as exercise or food selection; and**

14 **(3) Students are encouraged in self-improvement and sustaining
15 healthy fitness levels. If a school or school district maintains a web
16 page, the school or district shall create a fitness page or other suitable
17 computer application for students to record their self-assessment
18 statistics. Any such page shall provide an appropriate level of
19 protection of individual student records, consistent with the federal
20 Health Information Portability and Accountability Act.**

21 **2. School districts shall engage in creating community and**

22 **business partnerships that will supply the resources to reward schools**
23 **for improved health status through their school health councils, as**
24 **required by the school wellness policy.**

25 **3. Each year the commissioner of education shall select for**
26 **recognition students, schools, and school districts that are considered**
27 **to have achieved improvement in fitness.**

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